

2009/10 Annual Operating Plan for NHS Brighton & Hove CYPT Board – 20th April 09

Local People – Local Health Needs

Our Population

- High proportion of young adults
- o Increasingly diverse
- Areas of substantial deprivation within the City

Health Needs in Brighton & Hove

- Mental health significant issue for young people
- Drug use
- Alcohol misuse
- Sexually transmitted infections
- Teenage pregnancy
- Health inequalities 6 year difference in life expectancy



Strategic Commissioning Plan

- o 2008 to 2013
- Our Vision and Our Values
- 5 Strategic Objectives
- o 5 Key Commissioning Goals
- 10 Priority Health Outcomes
- 23 Initiatives

Strategic Objectives

- Leading advocate
- Health improvement and health outcomes
- Increase service quality and choice
- Public Confidence and engagement
- Manage resources effectively

5 Key Commissioning Goals

Including:

 Maximising life chances for children and families

• Developing a healthy young city

Annual Operating Plan

- Builds on Strategic Commissioning Plan
- 1 year plan 2009/10
- Outlines the key initiatives and plans to deliver
 - Improved health outcomes
 - Local priorities
 - Commissioning goals
 - National targets
- Also includes:
 - Key enablers and infrastrucutre, eg.
 - Practice Based Commissioning
 - Quality and patient involvement
 - Information Technology (IT)
 - Emergency preparedness
 - Risk Assessment
- Total net investment in new initiatives £8.7m from £22m additional money in 0910

Healthy Lives, Brighter Future Children's Health Strategy

The PCT and CYPT have agreed 6 priority areas to focus on from this strategy:

- Safeguarding children and vulnerable children
- Provision of equipment for disabled children
- Review therapist and allied nursing professionals (including service for disabled children)
- Increased provision of information and advice to parents (including services for disabled children)
- Review the impact of the prospective changes to the child health plan
- System level transformation commissioning and performance management arrangements

Schemes relating to 32 Specific Initiatives including

- 6 initiatives to maximise chances of children and families
 - Teenage Pregnancy Reduction
 - CAMHS
 - Long acting reversible contraception
 - Childhood Obesity Schemes
 - Improving maternity services
 - Childhood immunisations

• 6 initiatives to develop a healthy young city

- Reducing suicide
- Alcohol Initiatives
- Chlamydia screening
- Improving Access to Psychological Therapies
- Sexual health services in primary care
- Substance misuse